

# WHAT'S ON IN THE VILLAGE HALL

SEPTEMBER 2021

## Line Dancing Social Afternoons

Fridays 2pm - 4pm  
All abilities welcome!

£5/person  
Tea/Coffee included

Venue:  
The Village Hall  
Stoney Stanton

For more information...  
Call 07535 670989  
Email [info@hinckleylinedancing.co.uk](mailto:info@hinckleylinedancing.co.uk)  
Web [www.hinckleylinedancing.co.uk](http://www.hinckleylinedancing.co.uk)

## Mindful Yoga

Creating a space for you to rest, relax and restore. Using a mix of Mindfulness Meditation and Yoga Nidra. No postures other than one of rest. Suitable for anyone.

"DISCOVERING  
MINDFULNESS WAS  
THE MOST  
TRANSFORMATIONAL  
EXPERIENCE OF MY  
LIFE"



Wednesday's 8pm  
Stoney Stanton Village Hall  
£6 per session

If you would like more details please  
email [linda@mindcomplete.uk](mailto:linda@mindcomplete.uk)  
or telephone 07912762902  
<https://bookwhen.com/mindcomplete>



## Stoney Stanton Stitchers meet every Friday 7.00-9.30pm

If you started a new hobby of cross stitching or tapestry etc during lockdown or would like to learn how to, come along and join us.

Contact Debbie on 07941082387

### Chinese Martial Arts:

#### Hsing-I-Chuan and Pa Kua Chuan (the brother and sister of Tai Chi Chuan)

A practical system of internal martial art for beginner or advanced practitioners. [www.hsingi.co.uk](http://www.hsingi.co.uk)

### Japanese Martial Arts:

#### Jukendo - Japanese Bayonet Way

A modern Japanese martial art that focuses on the use of the bayonet. [www.jukendo.co.uk](http://www.jukendo.co.uk)

Tel. 07825 878767 - Steve



RSDA Dance Academy @  
Stoney Stanton Village Hall Saturdays 9-1pm  
Ballet, Tap, Modern and Acro taught in a  
relaxed and friendly environment  
Contact Rebecca for a free trial and further  
information 07595341671.



## The Zen Den

Baby & Parent Wellness

Full Baby  
Massage Courses

&  
Specialist  
Workshops

Themed sensory  
play experience  
with each session.  
Crafts & keepsakes  
included!



[thezendenbabywellness@gmail.com](mailto:thezendenbabywellness@gmail.com)  
07740397988  
[@the.zen.den.baby.wellness](https://www.instagram.com/the.zen.den.baby.wellness)

# LEGS, BUMS & TUMS COMMUNITY FITNESS CLASSES

**MONDAYS  
6:15PM**



**STONEY  
STANTON  
VILLAGE HALL**

**CONTACT LORRAINE  
FOR INFO**

**LGMINN@AOL.COM**

PIC•COLLAGE

## STAY AND PLAY AT CREATIVE CHILDREN'S GROUP

Bring your pre-schoolers and babies along to our community-run playgroup. A perfect opportunity to meet local parents and carers for a chat whilst your little ones have fun playing with lots of different toys and making new friends.

**Wednesday mornings from 9.30am to 11.30am term time at Stoney Stanton Village Hall**  
£3.00 for the first child and £1.00 for each extra child. **Tea, coffee, squash and biscuits included.**

Please join our Facebook Group "Creative Children's Group".



**ZUMBA**  
with Jo  
07921 665812



**STEP INTO HAPPY!  
9.15-10am Monday  
Stoney Stanton Village Hall**

45 minutes, 4-5k steps, suitable for all abilities, if we are moving we are doing it right! If we are laughing we are burning more calories!! Zumba is the Latin-inspired, easy to follow dance fitness party. I use music and dance styles from round the world to demonstrate low to high impact moves so you can pick the level that best suits you in a fun, friendly environment. In addition to the fitness benefits, its a great way to lift your mood. It has been my therapy for over 10 years now.

To keep everyone as safe as possible I am restricting numbers and need to operate a booking system. To book your space, please contact me via mobile on 07921 665812 or email [jo@coverson.org](mailto:jo@coverson.org). Alternatively, you can book via GYMATCH, with class search Jo Coverson.. I look forward to dancing with you...Jo xx \*Offer available until 31/12/21\*

BEGINNERS / MIXED LEVEL YOGA  
ASHTANGA & VINYASA FLOW



AtOneWithOm

STONEY STANTON VILLAGE HALL  
SATURDAY MORNINGS 7.45AM- 8.45AM

TO BOOK A PLACE:  
EMAIL: [jo@atonewithom.com](mailto:jo@atonewithom.com)  
FACEBOOK: AT ONE WITH OM  
INSTAGRAM: @ATONEWITHOM

1 NEW ROAD · STONEY STANTON · LEICESTERSHIRE · LE9 4LQ

**£7.00 PER CLASS**  
(60 MINUTES)

REGISTERED YOGA ALLIANCE TEACHER  
CIMSPA MEMBER



## Stoney Stanton Village Hall

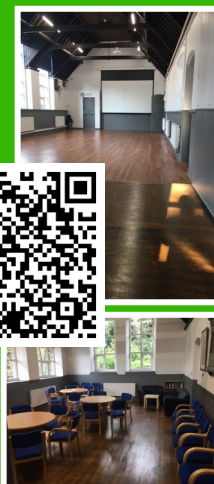
Newly refurbished throughout,  
large rooms for events of all types.

- holds up to 150 people
- main room 12m x 6.6m room + extra 5m with bifolds open
- smaller lounge room
- fully useable kitchen space
- modern projector system, free wifi
- from £11 per hour, block bookings contact [clerk@stoneystanton.org.uk](mailto:clerk@stoneystanton.org.uk)



### NEW ONLINE BOOKING SYSTEM

<https://venuehire.scribeaccounts.com/Stoney-Stanton-Parish-Council>



**clubbercise®**  
BRINGING A NIGHT OUT TO YOUR WORKOUT

**CLUBBERCISE**  
JOIN ME FOR A WORKOUT THATS MORE LIKE A NIGHT OUT

**MONDAYS 7:15pm**  
**STONEY STANTON VILLAGE HALL**

**CONTACT**  
LORRAINE GEARY 07545492783  
Email [lgminn@aol.com](mailto:lgminn@aol.com)